



가 (Anda et al., 2000). (1983) ,  
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(Cohen-Sandler, Berman & King, 1982; Anda, 1995), (Fredich, Reams  
& Jacobs, 1982; Johnson & McCutcheon, 1980) (Brunns & Geist, 1984; Gad &  
Johnson, 1980)

가  
가 (Compas, Orososon & Grant, 1993; Dise-Lewis, 1988;  
Fontana & Dovidio, 1984).

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(Murphy & Corte, 1990).

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( , 1995; , 1987).  
1980 가 ,

(Folkman & Lazarus, 1980; Lazarus & Folkman, 1984). Lazarus & Folkman (1984)

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Lazarus & Folkman (1984)

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( , 1993).

( , 2000; Anda et al., 2000; Compas, 1987; Geisthardt et al., 1996).

· (1987) 가 ,가 , 가 28 % . (2000) , ,가 , . Anda et al. (2000) , , . Geisthardt et al. (1996) , , . (Andersson, Richards & Hallahan, 1980; Barton, 1988; Geisthardt et al., 1996; Bramston, 2001), (Glidden & Floyd, 1997; Hintermair, 2000) .

(1) ( ) , (2) ( ) , (3) ( ) , 가 .

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 65 ( : 36 , : 29 ) , < - 1 >  
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	20	19	36	29

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 (1993)  
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 (.68), (.77), (.73), (.67), 가

(.59), (.56), (.54). 가  
 104  
 74 Cronbach alpha .94 .  
 Cronbach alpha : 가 ( =.75), ( =.70),  
 ( =.70), ( =.81), ( =.63), 가 ( =.72),  
 ( =.60), ( =.63). 8  
 Cronbach alpha .60 - .81 .

(1993)가  
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 (1993)  
 Cronbach alpha : (.75),  
 (.58), (.73), (.60), (.66), (.59), .  
 (.50), (.60). 가  
 104 45  
 Cronbach alpha .92 . Cronbach alpha  
 ( =.78), ( =.71), ( =  
 .67), ( =.66), ( =.69), ( =.69), ( =.64),  
 ( =.43). 8 ( =.43)  
 Cronbach alpha .64-.78 .

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2001 7 10 , 10-20

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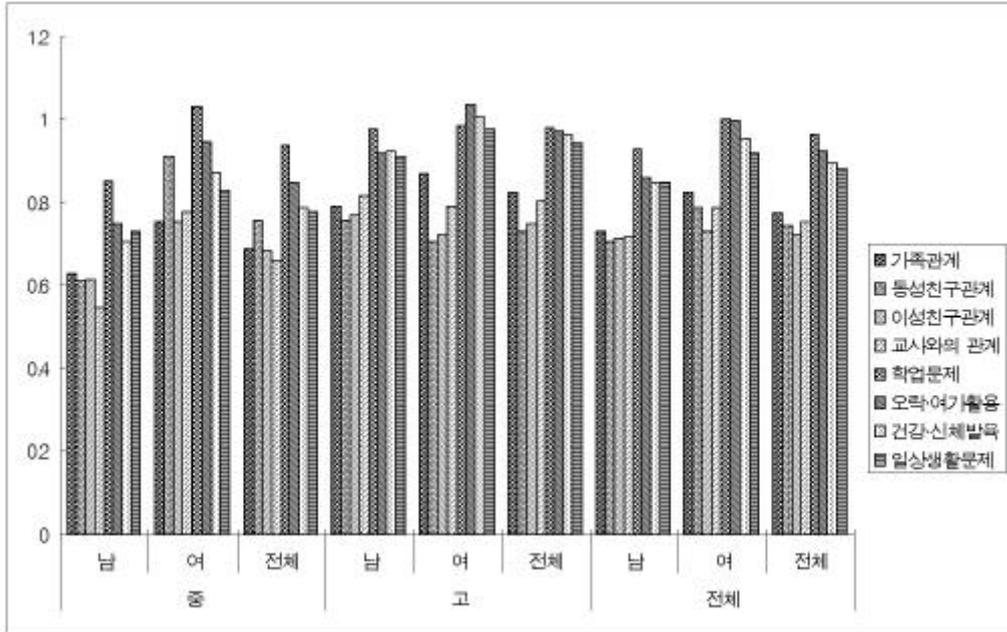
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가 , 2 , 8 가 , 2 .  
가 , 2 , 2 .  
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1	가	.58 (.28)	.69 (.36)	.65 (.32)	.70 (.38)	.72 (.42)	.71 (.39)
		.44 (.32)	.86 (.38)	.70 (.40)	.75 (.41)	.73 (.35)	.74 (.38)
		.54 (.47)	.78 (.26)	.68 (.35)	.79 (.43)	.76 (.46)	.78 (.43)
		.62 (.41)	.74 (.46)	.69 (.43)	.78 (.46)	.79 (.32)	.78 (.40)
	. 가	.86 (.49)	1.00 (.44)	.95 (.45)	.98 (.33)	.82 (.29)	.90 (.31)
		.67 (.81)	.86 (.47)	.79 (.60)	.90 (.43)	.85 (.44)	.88 (.43)
		.63 (.41)	.75 (.50)	.70 (.45)	.89 (.39)	.93 (.30)	.91 (.35)
		.67 (.46)	.69 (.39)	.68 (.40)	.89 (.30)	1.02 (.35)	.95 (.32)
2	가	.38 (.20)	.80 (.52)	.59 (.44)	.82 (.53)	1.02 (.57)	.90 (.54)
		.60 (.27)	.93 (.58)	.77 (.46)	.75 (.51)	.77 (.45)	.75 (.47)
		.50 (.37)	.72 (.53)	.61 (.44)	.87 (.47)	.78 (.29)	.83 (.40)
		.46 (.32)	.80 (.59)	.63 (.48)	.92 (.52)	.81 (.43)	.88 (.48)
	. 가	.72 (.30)	1.02 (.34)	.87 (.34)	1.04 (.35)	1.14 (.30)	1.08 (.33)
		.42 (.21)	.93 (.48)	.68 (.44)	.96 (.41)	1.21 (.43)	1.06 (.43)
		.53 (.16)	.90 (.35)	.71 (.32)	1.05 (.47)	1.11 (.42)	1.08 (.44)
		.56 (.28)	.78 (.35)	.67 (.32)	1.00 (.43)	1.01 (.36)	1.00 (.39)
3	가	.78 (.40)	.80 (.25)	.78 (.34)	.88 (.48)	.90 (.38)	.89 (.42)
		.70 (.31)	.96 (.23)	.80 (.31)	.78 (.27)	.62 (.39)	.70 (.34)
		.71 (.25)	.75 (.42)	.73 (.31)	.58 (.41)	.61 (.35)	.59 (.37)
		.55 (.34)	.82 (.33)	.65 (.35)	.71 (.45)	.78 (.56)	.74 (.49)
	. 가	.91 (.36)	1.08 (.19)	.98 (.31)	.87 (.42)	1.02 (.41)	.94 (.41)
		.96 (.41)	1.07 (.23)	1.00 (.35)	.89 (.38)	1.09 (.39)	.99 (.39)
		.84 (.26)	1.02 (.18)	.91 (.25)	.76 (.39)	1.00 (.18)	.88 (.32)
		.86 (.28)	1.06 (.23)	.93 (.27)	.80 (.55)	.89 (.34)	.85 (.45)
	가	.63 (.36)	.75 (.36)	.69 (.36)	.79 (.46)	.87 (.46)	.83 (.46)
		.61 (.31)	.91 (.38)	.76 (.37)	.76 (.41)	.70 (.39)	.73 (.40)
		.62 (.34)	.75 (.37)	.68 (.36)	.77 (.44)	.72 (.37)	.75 (.41)
		.55 (.34)	.78 (.44)	.66 (.40)	.82 (.48)	.79 (.42)	.81 (.45)
	. 가	.85 (.37)	1.03 (.34)	.94 (.36)	.98 (.36)	.98 (.35)	.98 (.35)
		.75 (.53)	.95 (.40)	.85 (.48)	.92 (.40)	1.03 (.44)	.97 (.42)
		.71 (.30)	.88 (.38)	.79 (.35)	.92 (.43)	1.01 (.31)	.96 (.38)
		.73 (.34)	.83 (.36)	.78 (.35)	.91 (.42)	.98 (.34)	.94 (.38)



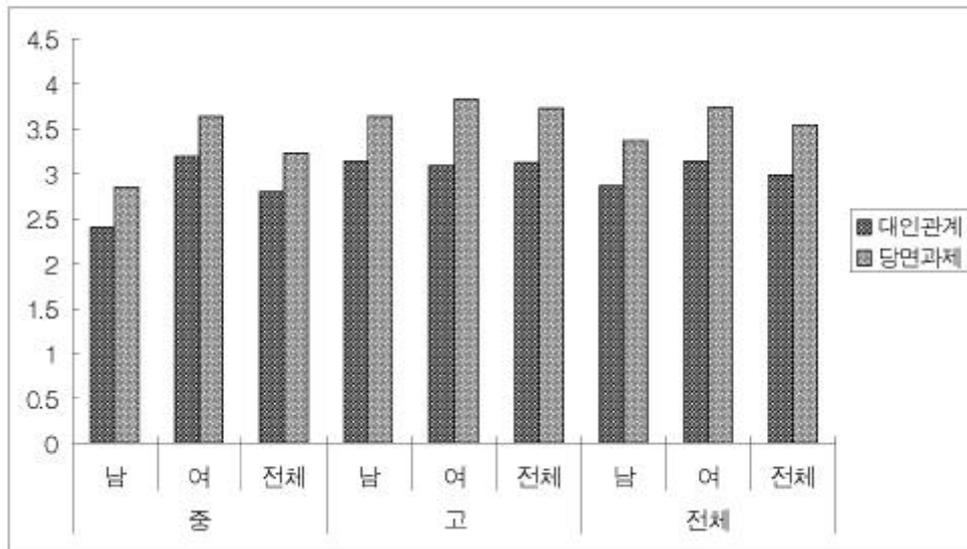
< - 1> ( . . )

(M = .94) 가 ,  
 가 (M = .85), (M = .79), (M = .78),  
 (M = .76), 가 (M = .69), (M = .68), (M = .66)  
 .  
 (M = .98) 가 ,  
 가 (M = .97), (M = .96), (M = .94), 가 (M = .83), (M = .81) (M = .75), (M = .73)  
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< - 3> ( . ),  
( )

	1	2.18 (1.25)	3.07 (1.33)	2.73 (1.33)	3.02 (1.43)	3.00 (1.37)	3.01 (1.37)	
	2	1.94 (.93)	3.25 (2.16)	2.60 (1.72)	3.36 (1.90)	3.38 (1.21)	3.37 (1.63)	
	3	2.74 (.88)	3.33 (.51)	2.96 (.80)	2.94 (1.46)	2.91 (1.30)	2.93 (1.34)	
		2.40 (1.00)	3.20 (1.35)	2.79 (1.24)	3.13 (1.60)	3.09 (1.27)	3.11 (1.45)	
	1	2.77 (1.92)	3.35 (1.74)	3.13 (1.76)	3.55 (1.40)	3.39 (1.12)	3.47 (1.25)	
	2	2.13 (.80)	3.65 (1.67)	2.89 (1.47)	3.98 (1.54)	4.28 (1.33)	4.09 (1.44)	
	3	3.25 (.79)	3.99 (.57)	3.53 (.79)	3.23 (1.44)	3.89 (1.09)	3.56 (1.28)	
		2.85 (1.20)	3.63 (1.41)	3.23 (1.34)	3.64 (1.45)	3.82 (1.20)	3.72 (1.34)	



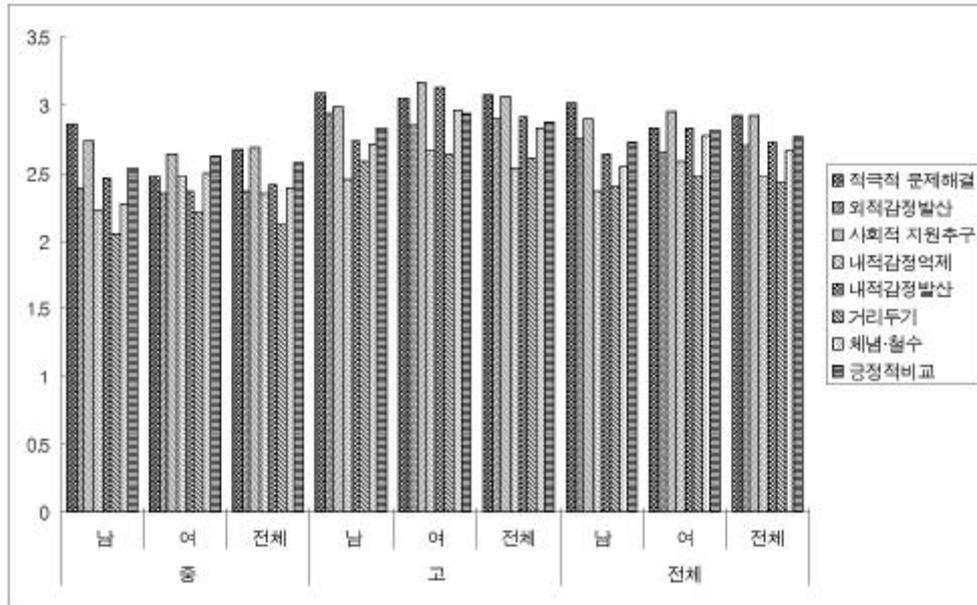
< - 2> ( . )

,  $(F_{(1, 100)} = 3.20, p < .077)$   $(F_{(1, 100)} = 3.23, p < .075)$



< - 4> ( . ),  
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1	.	2.33 (.75)	2.75 (.40)	2.59 (.57)	2.85 (.57)	2.89 (.74)	2.86 (.64)
		1.60 (.56)	2.63 (.61)	2.23 (.77)	2.86 (.68)	2.80 (.79)	2.83 (.72)
		2.27 (.49)	2.96 (.42)	2.69 (.56)	2.76 (.77)	3.03 (.77)	2.88 (.77)
		1.48 (.54)	2.68 (.55)	2.22 (.80)	2.60 (.87)	2.62 (.81)	2.61 (.82)
		2.30 (1.11)	2.66 (.88)	2.52 (.94)	2.65 (.96)	2.77 (1.21)	2.71 (1.06)
		1.63 (.80)	2.48 (.75)	2.15 (.85)	2.51 (.85)	2.47 (.83)	2.49 (.82)
		1.93 (.65)	2.56 (.46)	2.32 (.61)	2.77 (.72)	2.86 (.84)	2.81 (.76)
		1.95 (.41)	2.78 (.31)	2.46 (.54)	2.65 (.57)	2.84 (.55)	2.74 (.56)
2	.	2.90 (.86)	2.28 (.38)	2.59 (.71)	3.22 (.76)	3.32 (.50)	3.26 (.66)
		2.33 (.26)	2.40 (.56)	2.37 (.41)	2.96 (.65)	3.09 (.60)	3.01 (.62)
		3.23 (.81)	2.27 (.49)	2.75 (.81)	3.13 (.62)	3.39 (.80)	3.23 (.69)
		2.32 (.58)	2.40 (.86)	2.36 (.69)	2.39 (.46)	2.84 (.36)	2.57 (.47)
		2.15 (.42)	2.20 (.76)	2.18 (.58)	3.07 (.70)	3.72 (.78)	3.33 (.78)
		1.77 (.28)	2.00 (.42)	1.88 (.36)	2.70 (.81)	2.96 (.25)	2.80 (.65)
		2.47 (.43)	2.23 (.60)	2.35 (.51)	2.70 (.76)	3.24 (.45)	2.91 (.70)
		2.90 (.55)	2.65 (.58)	2.78 (.55)	2.91 (.59)	3.25 (.76)	3.04 (.67)
3	.	3.11 (.79)	2.27 (.41)	2.80 (.78)	3.24 (.54)	2.97 (.44)	3.10 (.50)
		2.80 (.80)	1.92 (.38)	2.47 (.79)	3.02 (.89)	2.65 (.32)	2.83 (.67)
		2.72 (.50)	2.50 (.61)	2.64 (.53)	3.07 (.67)	3.09 (.50)	3.08 (.58)
		2.54 (.95)	2.27 (.53)	2.44 (.81)	2.31 (.61)	2.51 (.64)	2.41 (.62)
		2.70 (.94)	2.08 (.79)	2.47 (.91)	2.33 (.70)	2.94 (1.19)	2.64 (1.00)
		2.38 (.58)	2.03 (.29)	2.25 (.51)	2.50 (.37)	2.52 (.52)	2.51 (.44)
		2.35 (.73)	2.64 (.62)	2.46 (.69)	2.61 (.35)	2.80 (.48)	2.70 (.42)
		2.65 (.84)	2.38 (.52)	2.55 (.73)	2.94 (.67)	2.75 (.52)	2.85 (.59)
	.	2.86 (.83)	2.47 (.45)	2.67 (.69)	3.09 (.65)	3.05 (.60)	3.07 (.63)
		2.38 (.80)	2.34 (.59)	2.36 (.70)	2.94 (.71)	2.84 (.62)	2.90 (.67)
		2.73 (.66)	2.63 (.57)	2.68 (.61)	2.98 (.70)	3.16 (.70)	3.06 (.70)
		2.22 (.87)	2.47 (.63)	2.34 (.77)	2.44 (.66)	2.66 (.64)	2.54 (.65)
		2.46 (.88)	2.36 (.82)	2.41 (.84)	2.74 (.84)	3.12 (1.13)	2.91 (.99)
		2.04 (.66)	2.21 (.58)	2.12 (.62)	2.58 (.73)	2.64 (.62)	2.61 (.68)
		2.28 (.65)	2.50 (.54)	2.38 (.61)	2.70 (.65)	2.96 (.64)	2.82 (.65)
		2.54 (.75)	2.62 (.47)	2.58 (.62)	2.83 (.60)	2.94 (.63)	2.88 (.61)



< - 3> ( . )

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 2 . ,  
 가  
 $(F_{(2, 33)} = 3.62, p < .05)$  ,  
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 가 가  $(F_{(2, 33)} =$   
 $8.58, p < .001)$  ,  
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 $(F_{(1, 33)} = 6.37, p < .01)$  ,  
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 가  $(F_{(2, 33)} = 3.67,$   
 $p < .05)$  ,

가 (F (2, 33) = 3.69, p < .05).

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가 (F (2, 33) = 3.56, p < .05), 1 2 3

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가 (F (2, 59) = 4.19, p < .05), 1 3 2

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(F (1, 100) = 11.05, p < .001)

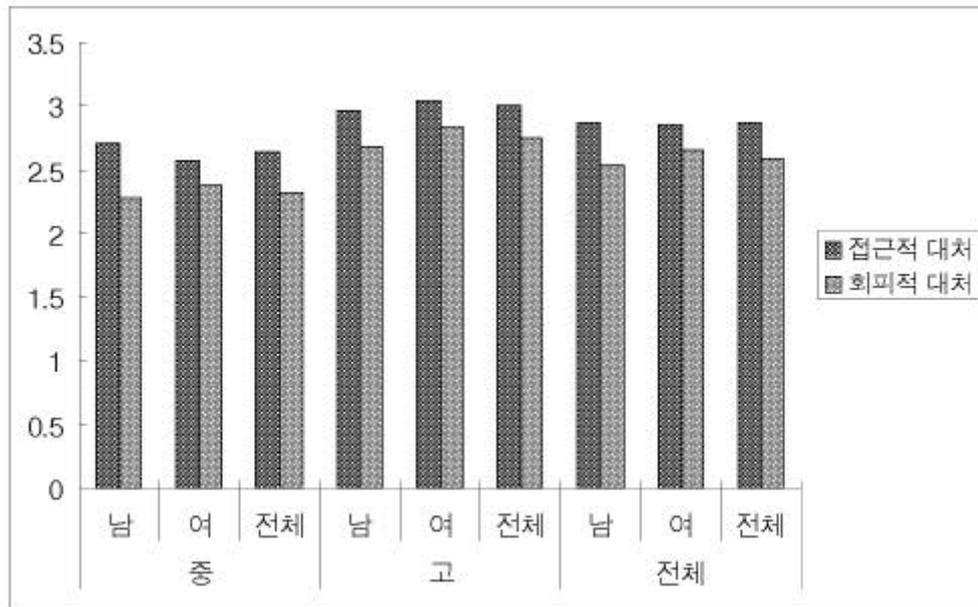
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(F (1, 100) = 14.21, p < .001)

2 가  
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가 (F (2, 33) = 6.56, p < .01).

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	1	2.18 (.41)	2.83 (.29)	2.58 (.46)	2.75 (.49)	2.92 (.61)	2.83 (.54)
	2	3.01 (.64)	2.40 (.36)	2.70 (.59)	3.09 (.57)	3.32 (.63)	3.18 (.59)
	3	2.83 (.58)	2.38 (.37)	2.66 (.54)	3.09 (.54)	2.94 (.36)	3.01 (.45)
		2.71 (.62)	2.57 (.39)	2.64 (.52)	2.97 (.54)	3.05 (.56)	3.00 (.55)
	1	1.79 (.70)	2.60 (.45)	2.29 (.67)	2.68 (.71)	2.71 (.66)	2.69 (.67)
	2	2.21 (.17)	2.25 (.51)	2.23 (.36)	2.77 (.52)	3.17 (.36)	2.92 (.50)
	3	2.55 (.69)	2.19 (.38)	2.42 (.61)	2.55 (.41)	2.68 (.55)	2.62 (.47)
		2.28 (.66)	2.38 (.46)	2.33 (.57)	2.68 (.56)	2.84 (.57)	2.75 (.57)



< - 4> ( . )

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가 (F (2, 33) = 4.12, p < .05).

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- (1983). ( ):  
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- (1993). 『 : 』,  
12, 197- 217.
- (1995).
- (1987).
- (2000). 『 』, 9, 121- 129.
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ABSTRACT

Life Stress and Coping Strategies of Hearing-Impaired Students

**Jin Woo Kim & Young Wook Kim**  
(Dept. of Special Education, Dankook University)

This study investigated the life stresses and the coping strategies of hearing-impaired students. A questionnaire concerning the life stresses and the coping strategies was administered to 104 hearing-impaired middle and high school students. It was found that the hearing-impaired students experience the life stresses which are related to the ongoing tasks and situations (e.g., school work, recreation and leisure activities, health and body development, and the imminent life problems) more often than the interpersonal problems (e.g., family relations, the friend relationships of both the same and different sex, teacher-student relationships). The analysis of variance was applied to the scores of life stresses and coping strategies according to the level of attended school, sex, and grade. The results showed that high school students experienced the stresses of health and body development, and general life problems more often than middle school students. In the case of middle school students, female students experienced the stresses with ongoing tasks, the friend relations of the same sex, health and body development problems more often than male students. In the case of stress coping strategies, the hearing-impaired students used positive strategies (e.g. active problem solving, self-motivated pursuit of social support, and positive comparisons) rather than negative strategies (external feeling emission, internal feeling inhibition, internal feeling emission, distance strategy). High school students used more diverse coping strategies than middle school students.

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, e-mail: jjjwww@unitel.co.kr  
, e-mail: kyw2914@dankook.ac.kr